

**Coventry Manuscript on Psychosis** — *Aslan & Winchester 2008*  
**Structured interview with people who have had psychotic experiences to explore similarities of frames of reference and metaphorical influence**

1. How often have you experienced periods of going into an “alternative reality”, “another consciousness” or psychosis? What name do you prefer to call the experience by?
2. Would you describe it as a primarily positive or negative experience? Why?
3. How long have your periods of psychosis lasted?
4. Have they become more or less frequent? Are they intermittent or have you just experienced the one episode?
5. What led up to this happening the first time?
6. How would you describe what was happening to you at the time of entering into an alternative reality?
7. What were the things were you doing that made others (or yourself) concerned?
8. What were (or are) your thoughts about what you were doing?
9. Did you notice any common themes or meaning?
10. Did you feel mostly in control at the time?
11. Do you have an explanation now for what you were doing and how you were behaving at this time?
12. What was your explanation of what was happening at the time?
13. How many times have you had this type of experience?

14. Do you have your own interpretation of why you have experienced this “alternative reality?”
15. Is it something you now feel was necessary for you to experience? Expand on this
16. If you had the choice now would you avoid it altogether?
17. Do you feel you have learnt anything from your experience of psychosis? if so what?
18. How did other people perceive you, do you think?
19. Were people frightened of you or your behaviour? If so why do you think this was?
20. How did you perceive others?
21. Have you been detained by the police or helping agencies when experiencing a psychotic episode? If so how were you treated?
22. How were you treated by doctors and other professionals?
23. Have you avoided services altogether? If so how?
24. How could others have made the experience better for you? What could they have done differently?
25. What was the end result of your psychotic episode/s?
26. Did the experience have a religious or spiritual significance to you? If so, in what way and why?
27. Do you accept or reject the notion that psychosis is purely biological in its causes? Why?

